



## Team Practices

### NORTON

WONDER –  
Monday 5-6:30pm  
Friday 5-6:30pm

DREAM –  
Monday 5-6:30pm  
Thursday 5:30-7:30pm

MINI X –  
Wednesday 5-7pm  
Friday 5-6:30pm

DIVINE –  
Wednesday 7-8:30pm  
Friday 6:30-8:30pm

PROPHECY –  
Tuesday 7-8:30pm  
Wednesday 5-7pm

MIRAGE –  
Monday 7-9pm  
Thursday 7:30-9pm

YOUTH X –  
Tuesday 5-7pm  
Thursday 4:30-6pm

SENIOR X –  
Tuesday 6-7:30pm  
Wednesday 7-9pm

JUNIOR X –  
Monday 5-7pm  
Tuesday X Tumble 7-8:30pm  
Thursday 6-7:30pm

X FACTOR –  
Monday 7-9pm  
Tuesday X Tumble 7-8:30pm  
Tuesday 8:30-9pm  
Thursday 7:30-9:30pm

### HANOVER

FIGMENT –  
Tuesday 5-6:30pm  
Thursday 5-6:30pm

SUPERSTITION  
Tuesday 7-8:30pm  
Thursday 6:30-8:30pm

MARVELS –  
Tuesday 5-7pm  
Thursday 5-6:30pm

CHARMED –  
Wednesday 5-7pm  
Friday 4:30-6pm

DESTINY –  
Wednesday 5-7pm  
Friday 4:30-6pm

PRODIGY –  
Wednesday 7-9pm  
Friday 6-7:30pm

### RHODE ISLAND

ILLUSION –  
Monday 5-6pm  
Wednesday 5-7pm

PHENOMENON –  
Monday 6-7:30pm  
Thursday 6-7:30pm

XQUISITE –  
Monday 7:30-9pm  
Wednesday 7:30-9pm