

Season 18

Neekend Practices

Throughout the season there will be added practices varying by team and schedule; this is in addition to any Black Out Weeks and Super Weeks. During the Fall & Competition Season there will be additional Saturday & Sunday practices added to the schedule. Attendance is expected at all practices and mandatory during any Red Zone, Extended Red Zone, Black Out weeks and Super weeks. Below is a list of practices already added to the schedule for planning purposes. The practice schedule for the day will follow at a later date. All teams will have practice on these dates. Every team should expect one added weekend practice during the months of September, October and November. Weekend practices during competition season will be as added as needed.

Saturday, September 30th Foxboro	Hanover	Saturday, October 28th Foxboro	Sunday, October 29th Hanover
Tricksters	4-7pm	Tricksters	4-7pm
1-3pm	Marvels & Destiny	1-3pm	Marvels & Destiny
Hanover	6-9pm	Divine	6-9pm
Figment 4-6pm	Prodigy	2-5pm	Prodigy
	Rhode Island	Hanover	
	10-1pm	Figment	Rhode Island
Sunday, October 1st	Phenomenon	4-6pm	9-12pm Phenomenon
Foxboro	1-4pm		Phenomenon
9-12pm	Mystique	Sunday, October 29th	12.2mm
XFactor & Dream	wystique	Foxboro	12-3pm
		9-12pm	Mystique
12-3pm		XFactor & X-Quisite	
Mirage & Youth X			
		12-3pm	
3-6pm		Mirage & Youth X	
Junior X & Divine			
		2:30-5:30pm	
6-9pm Xclusive & Xquisite		Junior X	
		3-6pm	
		Dream	Weekend Pratices released at start of season
		6-9pm	recused at start of season
		Xclusive	
		Actusive	Sunday, November 26 th
			Sunday, December 3 rd
			Saturday, January 6 th
			Sunday, January 7th