



CHEER FACTOR

Team Covenants

2022-2023

1. Be on time, be prepared.
2. Always look the part.
3. Know your role, and master it.
4. Team first, there is no room for selfish athletes.
5. Take pride in and be loyal to your team and coaches, win or lose...good times and bad.
6. Be accountable and don't just meet team expectations, exceed them.
7. Understand AVERAGE will not be rewarded.
8. You need your teammates, praise each other, do not criticize or blame each other, ever.
9. Face conflict with integrity, know your coaches are here for you if you need help.
10. Lead by example and always, ALWAYS, do YOUR best.