

Extended Red Zones

2022-2023

December 18th
Liberty Championships
Providence, MA

EXTENDED RED ZONE PRACTICE : Sunday, December 4th – Sunday, December 18th

February 4th – 5th
Spirit Sports Grand Nationals
Palm Springs, CA

EXTENDED RED ZONE PRACTICE : Sunday, January 22nd – Saturday, February 4th

February 17th – 18th
Jamz Nationals
Las Vegas, NV

EXTENDED RED ZONE PRACTICE : Sunday, February 5th – Friday, February 17th

*****All Post Season Practices are considered Red Zone*****