



2018-2019 Season

Extended Red Zone Practices

*Spirit Sports (12/8-12/9)*

November 26<sup>th</sup> – Competition Day

*Cheer Sport (2/23- 2/24)*

February 11<sup>th</sup> – Competition Day

*Worlds (4/27 – 4/29)*

April 15<sup>th</sup> – Competition Day

*Summit (5/3 – 5/5)*

April 22<sup>nd</sup> – Competition Day